

# Transition Exmouth Newsletter for Members and Supporters

## November '18

Annual membership is due now. Your subscription \*\*\* see SUBS item below \*\*\*is easily paid to our Treasurer, or to our Chair. e-mail us for postal address.

If you prefer to pay by bank transfer, our details are: 'Transition Exmouth', Cooperative Bank, 08-92-99, a/c 65332739

Please don't forget to mention Transition Exmouth in any relevant conversation. We need to play our part in spreading the good word.

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### Subs

If you are or want to be a member, your subs are due after the AGM and will be most welcome. If you were at the meeting, you may well have paid already. Please note that although there was some confusion at the welcome desk resulting in you paying at last year's rate, we have decided that we will not be asking you for more.

Payment details are given above. The subscriptions are as follows: The 2018/19 subscription rate is £10 plus planting a tree with additional voluntary subscriptions welcomed but totally free to those under 18, students, & the unemployed. The corporate subscription rate is £10.

## **29-minute Session – Tomorrow!**

Firstly thanks to Helen Tribble, Projects Director at the Open Door Exmouth who told us at the start of October about their activities.

On November 1<sup>st</sup> (tomorrow!!!), Noel & Rob will be talking about Noel's novel Yestermorrow and about self-publishing. Since the novel features members of a Transition group fighting off flooding while living in sustainable housing, we'd best all get along to find out what roles he assigned to each of us! Will there be a film deal? Noel's belief is that we need to build a vision of where we are going to help us get there. Too many people lose hope and drop out of groups like ours and this gloom and doom spoils our chances. Rob has been Noel's publisher for this project so his experiences will be of interest to any budding authors out there.

19.30 sharp or you'll miss it at The Park Hotel, 114 Exeter Road, Exmouth, Devon EX8 1QH.

On 6<sup>th</sup> December we will welcome Lorraine Ross, the ever-friendly face at Mother Earth, the health shop in the Strand. Lorraine, I found out, has been on a life-long mission to introduce everyone to naturally healthy products. She will be with us to talk on the theme 'Healthy body, healthy soul, healthy planet'.

## **Green Drinks**

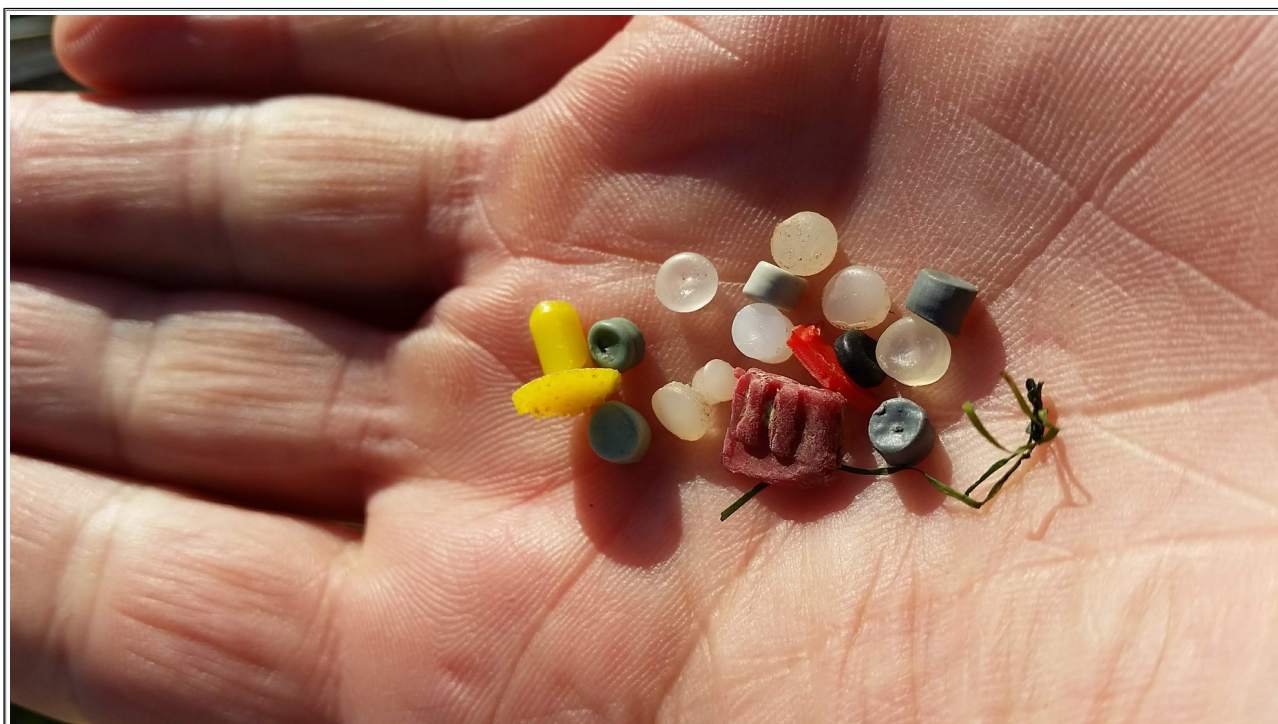
Don't forget, our purely-social Green Drinks follows on from the talk; you are welcome to bring your own 'green' table decoration to add to the collection!

## **Apple Day**

The afternoon of Sunday 14th October saw the annual apple pressing & pasteurising day organised by Anne-Marie Culhane & Simon Pardoe. I could not be there myself but have sampled the result; excellent. Thanks to Louisa for hosting.

## **Simon's Plastic Nurdels**

Simon Pardoe went nurdle hunting the other day and found these amongst the usual natural debris at the tide line by M&S (bus station).



Nurdels are the raw plastic material from which all those products-we-can't-do-without are made; the reason that we should be concerned is that countless billions of them are used by industry and some escape to rivers and into our seas; thus nurdles are an insidious component of ocean plastic pollution. Here is a link to a fact sheet:

<https://www.nurdlehunt.org.uk/take-part/how-to-hunt-nurdles.html>

Simon is holding a selection of waste plastic, amongst which are the nurdles. Simon asks: 'I wonder if we can find out if they come from the river or the sea. Any plastic manufacturers up the Exe river system..?'

I don't know where they come from Simon but I know where they are going. These objects get degraded into smaller particles and can be ingested by marine organisms thus entering the food chain and ultimately into you and me!

## **This Month's Plastic Action**

Exmouth is really stepping up to the mark when it comes to reducing single-use plastics and you can play your part on Saturday November 17 when there are two separate actions taking place. Roll up to talk to the public and persuade our District and Town Councils to lead the way by eliminating single-use plastics from their own operations.

An action organised on Facebook will take place 14.00-16.00 at Tescos in the Salterton Road where a group will be persuading shoppers to reject plastic packaging. At the same time in the Magnolia Centre we will be doing the same thing, offering in exchange fabric

bags that we shall be making ourselves. To help Doreen Sandham (of re-skilling fame) do make these, please all come along to The Hub in The Strand on Wednesday and Thursdays for the next two weeks (thanks to Jill Webb for the facility). Phone Doreen on 263218 for more details.

## Sarah's 7Rs

To be blunt: we all talk about it but Sarah actually does it so take some leaves out of her book. Here is the link to Sarah Allen's blog on the subject of reducing waste:

<http://www.rhubarbandrunnerbeans.co.uk/how-i-reduced-our-landfill-to-almost-nothing-well-about-13th-full-every-3-weeks-but-that-s-not-so-catchy>

We are all familiar with the 4Rs but here is Sarah's 7Rs take on that mnemonic: Refuse, Reduce, Reuse, Repair, Rot, Recycle, Return.

After our AGM. Sarah agreed to my publishing her notes so here is her 2<sup>nd</sup> inspiring instalment, on REDUCE:

*I buy less stuff! This came naturally from trying to reduce rubbish, thinking about everything I bought and what I would do with the packaging = Do I really need it???*

*Now I buy only the food I need so there is less food waste. I buy very few clothes, in fact very little of anything. This means that I have more money for important things like going on courses and sponsoring people to do great things. Our house is getting less cluttered rather than more cluttered = happiness!*

Thanks Sarah

## Hands up for Happiness

Ian and Dawn are partway through their delivery of the Action for Happiness course in Exmouth. Ian tells me there will be more in the pipeline.

## Local Grants – still open for Projects

A new grant called the Exmouth Community Fund is a trial for Exmouth, replacing the former Parishes Together funding. Details of the fund are currently being ironed out with the deadline for applications to be the 2nd January 2019.

Treasurer Doreen and I need to receive proposals for your projects. It will be a competitive process, with an Apprentice-style public hearing so your proposals need to be good and your arguments need to stress benefit to the town. Lets get going on this now.

## Wild Exmouth

You will remember that earlier in the year, Tim Dafforn of EDDC's Countryside Team made an application to the Heritage Lottery Find for his project Wild Exmouth, Tim has now announced:

*'Sorry for the delay in replying. I am pleased to let you know that we have been awarded the Heritage Lottery funding and the project will be starting as soon as we have recruited a Ranger. ... I hope to have the person in role by January at the latest. Exciting times and I look forward to working with you and other members of Transition Exmouth over the coming months.*

Tim's job advert has gone out with a press release acknowledging the funders and setting out his 3year plan.

Several members of TrEx are keen to get closely involved so watch this space; Tim's plans depend heavily on volunteer participation so why not commit to what should be a unique and fun opportunity to bring the wild back into Town. RSVP.

## Trees

are suddenly in the news, Hammond having announced that lots of money is to be spent on planting them. Our plan to work with the NT at Lower Halsden Farm has yet to crystallise but our Treasurer Doreen is planning a tree nursery in her garden and wants us all to collect local tree seeds. The time is NOW so please go and collect some.

Here's a picture, taken only a week ago, of local trees:



Rob Masding suggests:

*'Use ECOSIA as your search engine and all profits go to plant trees! Just visit [www.ecosia.org](http://www.ecosia.org) and follow instructions. I just did it and it added itself to Firefox. It took about 30seconds.'*

## **Sustainable Exmouth**

The current focus in Hemingway's Report leave us in a phase of waiting for his next move. We have been promised by Chair of Exmouth's Regeneration Board, Philip Skinner that there will be another 'public' meeting with Wayne before the report is finalised but not even Philp seems to be sure of the timescale for the remaining steps. We will keep you informed but suspect that things might suddenly accelerate towards a conclusion!

A EDDC Cabinet meeting today was expected to authorise the start of the road-moving works '*without further delay*'.

Andy and I have had a productive meeting with Councillors Bruce de Sarum and Mark Williamson where we discussed our vision for the town. Mark and Bruce urged us to put these ideas in to a scoping report for proper consideration.

## Carbon Weevils

Thanks to Dawlish Transition and just raising a wry smile in these depressing times, here is a short animation film by Forkbeard Fantasy's Tim Britton that provides a thought-provoking take on the carbon crisis:

<https://www.youtube.com/watch?>



## Social Media and Website

Website: <http://www.transitionexmouth.uk>.

You can contact me Adrian Toole, Chair, on [transitionexmouth@gmail.com](mailto:transitionexmouth@gmail.com)

[@GreenManExmouth](#) continues his tweeting, not always on TE items but always seeking to entertain so be prepared!

We have a Facebook group: <https://www.facebook.com/groups/15416577788/>

and a page: <https://www.facebook.com/transition.exmouth>

Not to forget the ever popular Green Drinks: <http://www.greendrinks.org/Devon/Exmouth>

## Dates for your Diary

### Buturi Gala Dinner

Saturday 10th November. We have been long associated with this charity so get your smart clothes on and turn out. See poster:



### Film Event - SEED: The Untold Story.

Hosted by East Devon Green Party Tuesday 20<sup>th</sup> November.

*In the last century, 94% of our seed varieties have disappeared. As biotech chemical companies control the majority of our seeds, farmers, scientists, lawyers, and indigenous seed keepers fight a David and Goliath battle to defend the future of our food. In a harrowing and heartening story, these reluctant heroes rekindle a lost connection to our most treasured resource and revive a culture connected to seeds.*

Don't miss this award winning film. Join Green Party members and friends on Tuesday 20th November at the Telfer Centre, Exmouth Community College, Gipsy Lane, EX8 3AF. The film will begin at 7.30pm and there will be tea, coffee and light refreshments available from 7pm onwards.



Entrance is free. The Telfer Centre is the first building to the right, as you arrive through the Gypsy Lane entrance. There is parking on site.

## **And Finally**

### **Patrick Regan's Nimmo Brothers**

Our own Partick Regan, star of beach cleans and the Men's Coffee Club is promoting a Nimmo Brothers Gig on 14 November at the Barnfield Theatre in Exeter, the first time in three years that they have appeared together as a blues band. Patrick has produced a YouTube compilation: [https://youtu.be/P15zEHJ\\_7IQ](https://youtu.be/P15zEHJ_7IQ) and is also promoting a number of local bands. He wants me to tell you about his Podcast:

<https://www.mixcloud.com/PTREX/> - *'have a listen and see what you think. The idea is to give a shout out to the bands that are playing around the region in the coming weeks. If you do click on the link please click the 'follow' button - that would be a big help - but have a listen anyway, even if you don't intend to go out to see these shows there's bound to be something you'll enjoy in the program.'*

ENDS